

# Honoring their sacrifice



Marine and ultrarunner Tony Clark shortly after finishing the HURT100 in Hawaii, in 2009.

***A 224-mile run to support the Wounded Warrior Project***

HELP SUPPORT THE WOUNDED WARRIOR PROJECT  
BY DONATING TOWARDS...

TONY'S 224 MILE TROT  
HONORING THEIR SACRIFICE

SEPTEMBER 9, 2010

STARTING AT THE NEBRASKA BORDER AND ENDING AT THE KANSAS-  
OKLAHOMA BORDER, TONY CLARK WILL RUN ACROSS KANSAS ALONG  
US ROUTE 81 IN 60 HOURS.

DONATIONS AT  
[HTTP://WWW.WOUNDEDWARRIORPROJECT.ORG/FAQ/HOME/DEFAULT.ASP?EVENT=308932](http://www.woundedwarriorproject.org/faq/home/default.asp?event=308932)

## **About the Wounded Warrior project**

The Wounded Warrior Project was founded in 2002 by John Melia and his friends and family. Melia was severely wounded while serving in Somalia in 1992. That's when the WWP's signature program began -- delivering backpacks containing personal supplies to the bedsides of wounded warriors.

The backpacks include "essential care and comfort items" such as clothing, toiletries, telephone calling cards and playing cards, all designed to make hospital stays more comfortable. Battlefield casualties arrive in hospitals with none of these types of items. They don't have the luxury of time to pack a bag.

At their web site, [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org), you can learn more about their various projects, and review the financial records which are required by law to be made public.

Wounded Warrior Project is a Better Business Bureau accredited charity, meeting all 20 BBB standards for charity accountability.

**Visit [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org) to learn more about the Wounded Warrior Project and to make your tax-deductible donation.**

## **About Tony Clark**

Tony is a veteran infantry Marine who served in Afghanistan with 1st Battalion 1st Marines. Since leaving the Marine Corps he's become a veteran ultra-marathon athlete. On the weekend of September 11, 2010 he will run 224 miles non-stop across Kansas, to raise money and awareness for the Wounded Warrior Project. Tony shares the ongoing story of this remarkable effort on his blog at [tonystrot.blogspot.com](http://tonystrot.blogspot.com).